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Biography for Eve Bernstein

Dr. Bernstein is an Associate Professor and serves as Advisor and Coordinator of the Graduate Physical Education, Teacher Education Program at Queens College, City University of New York. Dr. Bernstein holds a B.A. from Barnard College, Columbia University, a M.S. from Brooklyn College in Education, Physical Education, and an Ed.M. and Ed.D. from the Movement Science Department, in Curriculum and Teaching in Physical Education, at Teachers College, Columbia University. She has a professional teaching license, K-12 in physical education, from New York State, as well as being a certified instructor in the martial arts, where she is highly ranked. She has extensive teaching experience, in secondary, and primary schools as well as the collegiate level. Her research interests focus on competitive activities during physical education class. Dr. Bernstein primarily examines how competitive activities are perceived and structured for middle school students. She has over 27 conference presentations, including invited keynote addresses, focusing on her research. Her work has been published nationally, and internationally and in several journals, including the *Journal of Teaching in Physical Education*, *Teacher Education Quarterly*, *Quest*, *Urban Education*, and the *International Journal of Physical Education*. In 2014, she was named the Margaret Paulding Lecturer at the Eastern District Association (SHAPE). She is also a member of the research and scientific committees for several FIEP conferences and SHAPE America, Eastern District Association. Dr. Bernstein is excited to serve as a U.S. Delegate and on the World Director Board for the FIEP organization, since 2015.

What Were You Thinking? Considerations during Middle School Competitive Activities in Physical Education Class

Competitive activities may comprise the majority of activities in physical education (PE) class. Structured through various curricular models, competitive activities are not only used in United States but also worldwide. As PE class may be the first time students have the opportunity to participate in various activities, it is important that the experiences they have are successful. During middle school, however, physical activity declines. In order to create a positive experience for students it is necessary to start to understand how both students and teachers are thinking about competitive activities and how these thoughts might influence participation and interaction. Both teacher and students beliefs are important when considering various competitive activities.